A Scriptural Basis for Raindrop Technique

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From the Bible we find the following words where KJV = King James Version and NRSV = New Revised Standard Version:

"Then God said, Let the earth bring vegetation: plants yielding seed, and fruit trees of every kind on earth that bear fruit with the seed in it. And it was so. . . And God saw that it was good." (NRSV) Genesis 1:11-12

"My doctrine shall drop as the rain, my speech shall distill as the dew, as the small rain upon the tender herb, and as the showers upon the grass." (KJV) Or "May my teaching drop like the rain, my speech condense like the dew; like gentle rain on grass, like showers on new growth." (NRSV) Deuteronomy 32:1-2

"He shall come to us as the rain, as the latter and former rain to the earth." (KJV) Or "He will come to us like the showers, like the spring rains that water the earth." (NRSV) Hosea 6:3

Raindrop technique is a protocol for anointing the feet and back with a sequence of essential oils that takes about an hour to perform. It is to be administered with a prayerful attitude, acknowledging that the oils and their application are only a means to facilitate an environment where God's energy can flow to bring about healing and balance to our lives. Hundreds of thousands have experienced raindrop and found healing benefits through its administration. It was originated by D. Gary Young during the 1980s and developed and refined by him into its many current versions and variations.

The oils, in the sequence applied, are 1. Valor(R), a blend of spruce, blue tansy, frankincense, and rosewood in an almond oil base. 2. Oregano. 3. Thyme. 4. Basil. 5. Wintergreen. 6. Marjoram. 7. Cypress. and 8. Peppermint. A massage oil called Ortho Ease(R) is also applied which contains base oils of coconut, grape seed, wheat germ, almond, and olive along with essential oils of wintergreen, juniper, peppermint, lemongrass, marjoram, thyme, and vetiver. Another blend called Aroma Seiz(R) is used on tight muscles as needed which is a combination of basil, marjoram, lavender, peppermint and cypress. Thus, raindrop makes use of fifteen different essential oils and five different carrier oils.

By such a variety of oils applied in the unique manner that is raindrop, every organ and tissue of the body is addressed, not to mention our emotions and the electric fields of our bodies. Thus, it is no wonder that such an omnibus of oils able to address such a wide spectrum of issues has been reported to deliver relief from dozens of maladies. Among other things, receiving a raindrop usually results in growth. Most people are taller immediately following a raindrop.

Data compiled from more than 10,000 sessions of raindrop are summarized in the book, "A Statistical Validation of Raindrop Technique," available from a number of sources, including http://www.RaindropTraining.com. This study demonstrates overwhelmingly that raindrop is both safe and effective--a good thing to receive and a good thing to give. Also found on that website is a calendar of Raindrop Training workshops offered throughout North America--more than a hundred of which are given each year.

There are some Christians who are uncertain about using essential oils as being compatible with scripture and who question raindrop technique in particular. Being concerned about what is pleasing to God and what is not, they want to be sure of what they do and/or receive.
First of all, Jesus taught his disciples to anoint with oil in their healing mission. (Mark 6:13) Early Christians routinely anointed with oil those who were sick among them. (James 5:14-15) These verses are sometimes interpreted to mean that the oils used were only symbolic and were probably olive oil or whatever cooking oils were on hand. But this is not so. In all cases, when anointings were done in Biblical times, they were either pure essential oils or fatty oils containing essential oils. In fact, the holy anointing oil of Exodus 30:22-31 was only 18% olive oil and 82% essential oils. So there is nothing unchristian about anointing with scented oils with blessing and healing.

Secondly, the aromas of essential oils were said to be "pleasing to God," and the incense burned in the churches and temples was a special offering to God. So there is nothing unchristian about filling a sanctuary with the sweet odors that help us calm our minds and focus our attention on God during worship. Consider Philippians 4:18, "... having received from you, an odor of a sweet smell, a sacrifice acceptable, well pleasing to God." (KJV) Or "... now that I have received the gifts you sent, a fragrant offering, a sacrifice acceptable and pleasing to God." (NRSV) For more on this, see the book, "Healing Oils of the Bible."

Thirdly, God created essential oils when he spoke the plant kingdom into existence, as stated in Genesis 1:11 quoted above. In so doing he imbued the oils with his very word, his very intelligence. The book, Chemistry of Essential Oils Made Simple" or "God's Love Manifest in Molecules," establishes not only the scientific basis for how essential work, but also the scriptural and spiritual basis of their healing power, how God uses the oils he has created for healing.

So much for establishing the scriptural validity of using God's aromatic oils for health and healing. But when it comes to raindrop technique, some Christians have reservations because the procedure is a combination of techniques and concepts from Swedish, Tibetan, and Native American sources along with Gary Young's own discoveries on how to deliver optimal benefits with the oils. Of course, nowhere in the Bible does it prohibit Christians from learning and adopting healing arts and practices from other cultures, including non-Christian cultures, provided such arts and practices are not contradictory to Jesus' teachings.

In fact, the society in which we live, eat, work, and worship is the amalgamation of countless cultures, both ancient and current, mostly non-Christian. We cannot avoid this fact. Some hold reservations about aromatherapy and raindrop out of fear and lack of understanding, seeing that it is a product of several cultures, not necessarily all Christian. But by the gift of discernment (I Corinthians 12:10) we can tell what to embrace and what to avoid which is a matter of faith, not of fear.

In Luke 6:43-45 Jesus gives us a simple test to distinguish good things from evil. "A good tree brings not forth corrupt fruit; neither does a corrupt tree bring forth good fruit. For every tree is known by its own fruit. . . A good man out of the good treasure of his heart brings forth that which is good." Therefore, by Christ's standards, raindrop and those who practice it are good things. Properly understood and properly applied, raindrop technique is a gift from God delivered to us via the vehicle of Gary Young, a good Christian man who has made it available to everyone.

In light of the scriptures quoted above and in light of the fact that essential oils are embodiments of God's very word, condensed and distilled like dew from the plants He created, one can think of raindrop technique like this: As the oil drops fall upon one's back and shoulders like a spring shower or a gentle rain, they carry God's healing doctrines, teachings, and speech unto our bodies and minds to restore balance, wellness, and new growth according to His will.

"Beloved, I wish above all things that you may prosper and be in health, even as your soul prospers." III John 2.

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